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specialists in denture acrylics  
**FRICKE DENTAL INTERNATIONAL, INC.**



## Patient Care Instructions

*For Vitacrilic® Soft Dental Appliances*

### Instructions for Placement

- Immerse the appliance in warm tap water (approximately 120°F or 49°C) for about 20 seconds then dry off and place in the mouth.
- Adjust the moveable parts with fingers to adapt to contour and hold until firm again.
- This procedure can be repeated as often as necessary, until the desired level of comfort is reached.

### Instructions for Removal

- Rinse mouth with warm water (approximately 110°F or 44°C) for a minimum of 5 seconds before removal.
  - Do not Move Vitacrilic® Soft Extensions before heating as breakage may occur!

### Cleaning and Care

- Remove and clean using regular denture cleaners or a mild soap with lukewarm water and a soft brush.
  - Recommended cleaning time is two minutes or follow directions on the denture cleaner.
  - Cleaning dentures daily can prevent calcium build-up and stubborn stains.
    - \* If build-up occurs or stains remain after regular cleaning, your dental appliance should be cleaned and re-polished by a dental professional.
- Some potent medications may cause staining or discoloration.
- Do not immerse Vitacrilic® Soft Denture Appliance overnight.
- If the denture must be soaked for several hours, do not immerse in the following:
  - Effervescent cleaners or Mouthwash
  - Tap water for longer than 15 min
    - \* Carbon-filtered or distilled water is recommended.

**Do not use any harsh chemicals (i.e. bleach, acids) or strong oxidizing agents (such as hydrogen peroxide).**

### FAQ's

**Q: "Will my denture burn my mouth after it is heated in hot water?"**

A: NO, after wiping the denture dry no discomfort should occur. It would be the water that burns the gums, not the denture. In fact, the temperature of the denture can be up to 125°F (52°C), without causing discomfort.

**Q: "What will happen to my denture when I drink hot beverages?"**

A: Hot beverages do not remain in the mouth for more than a few seconds and this will not affect the Vitacrilic® Soft Appliance.

**Q: "Does eating warm foods affect the Vitacrilic® Soft Dental Appliance?"**

A: When chewing warm foods, the temperature is not high enough to affect your appliance in any way.